

My New School

Name:



Meet the Inclusion Staff:



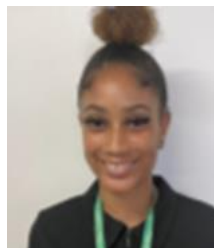
Ms Hussain
BCS Teacher



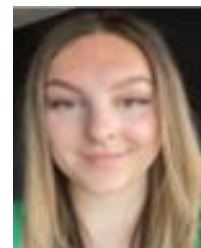
Ms Warren
Pastoral Mentor



Ms Fernandez
Pastoral Mentor



Ms Dixon
Pastoral Mentor



Ms Flint
SEND and Pastoral
Admin



Ms Bashir
TA and Link
Worker



Ms Fenteng
TA and Link
Worker



Ms Richardson
TA and Link
Worker



Ms Staicu
TA and Link
Worker



Ms Sief
TA and Link
Worker



Ms Zadeng
EAL Intervention
TA and link
worker



Ms Williams
TA and Link
Worker



Mr Aggrey
TA and Link
Worker



Ms Fitzgerald
TA and Link
Worker



Ms Hutton
TA and Link
Worker



Ms Sakaliene
Respite and
Reintegration
Mentor



Ms Markovitch
EAL Intervention
TA and link worker



Ms Lamba
BCS Teacher



Ms Miah
SENCo and
Inclusion Lead



Ms English
SLT Line Manager
for Inclusion

Key Staff



Ms Hornig
Head of Year 7



Ms Hussain
BCS Teacher



Ms Warren
Pastoral Mentor



Ms Miah
SENco



Ms Dixon
Pastoral Mentor



Ms Fernandez
Pastoral Mentor



Ms English
Assistant Principal



Ms Mayet
Assistant Principal



Ms McDermott
Assistant Principal



Ms Matharu
Assistant Principal



Mr Macleod
Co-Head Teacher



Mr Ansell
Co-Head Teacher



Mr Mackintosh
Executive Principal

Dear Parent/carer,

We are delighted that you and your child are joining The Forest Academy in September 2024.

We are a small and caring school and we are completely committed to supporting our students through their secondary education. We have high aspirations for all of our students and do everything that we can to help them achieve great qualifications and experiences to support progression to the next phase of their education.

We want our students to be:

- Successful learners who enjoy learning make progress and achieve their full potential.
- Confident individuals who are able to lead safe, healthy and fulfilling lives
- Responsible citizens who make a positive contribution to society

We have a great, well-rounded curriculum where students study a broad range of subjects across years 7-9 before specialising in year 10 and 11. Our extra-curricular provision is substantial and wide-ranging, and we have a high-quality personal development programme, which students study throughout their time with us.

We are part of Beacon Multi Academy Trust, which includes Beal High School and Beacon Business Innovation Hub, as well as our outstanding teacher training provision (NELTA) that trains the teachers of the future. We work together, sharing good practice, resources and expertise. We have a joint sixth form with Beal High School, and students at The Forest Academy are guaranteed progression to Beal 6th form.

To find out more about the school, please visit <https://www.theforestacademy.org/>

To learn about our curriculum, click on the 'year groups' tab at the top of the website.

Our excellent transition programme, with a Y7 only playground, a carefully planned pastoral programme and induction will ensure your child makes a successful start to your child's secondary education. We work really closely with all of our feeder primary schools to ensure that students study a coherent curriculum which builds on their knowledge and skills from year 6 and that they are well known and supported from the day they start at The Forest Academy.

We look forward to welcoming you and your child to the school.

Kind regards,



Mr Ansell
Co-Principal

A tour of our school:

Virtual Tour <https://www.youtube.com/watch?v=kMQWesfzIXM>

Main Entrance



Reception



Uniform



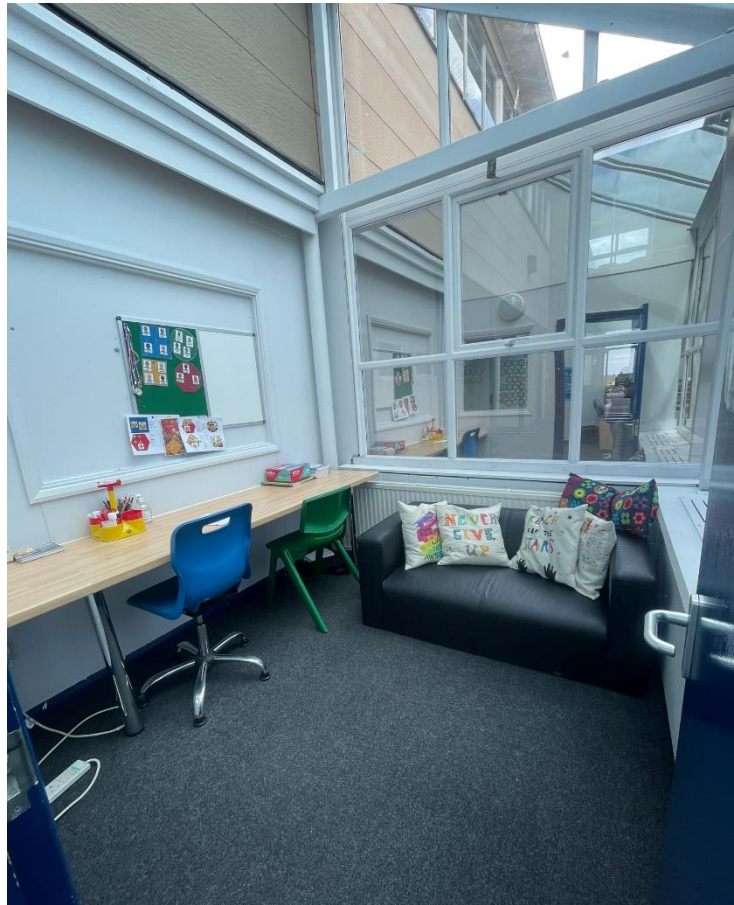
Entrance to the Canteen



Inside the canteen



Well Being Room

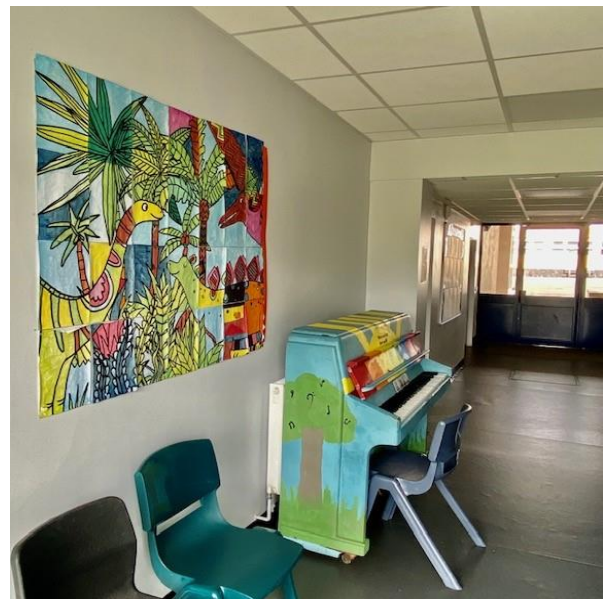


BCS: Beacon Communication School

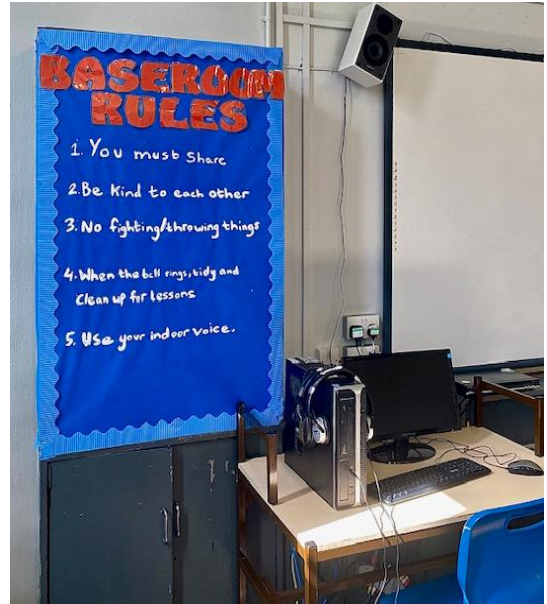
Entrance



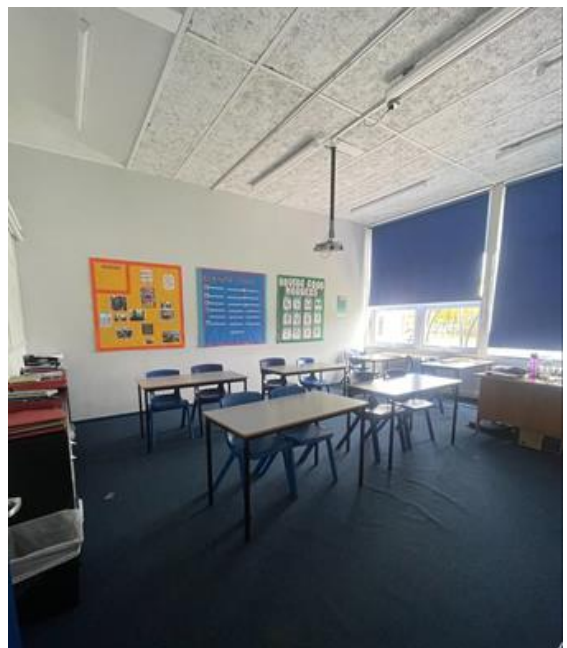
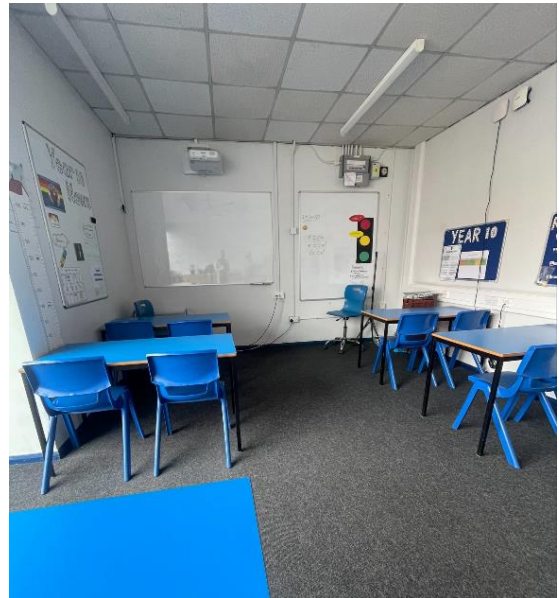
BCS Corridor



Base Room



Small reaching rooms



Year 7 and BCS Play Area



Library



Foyer and Hall



Maths & Science



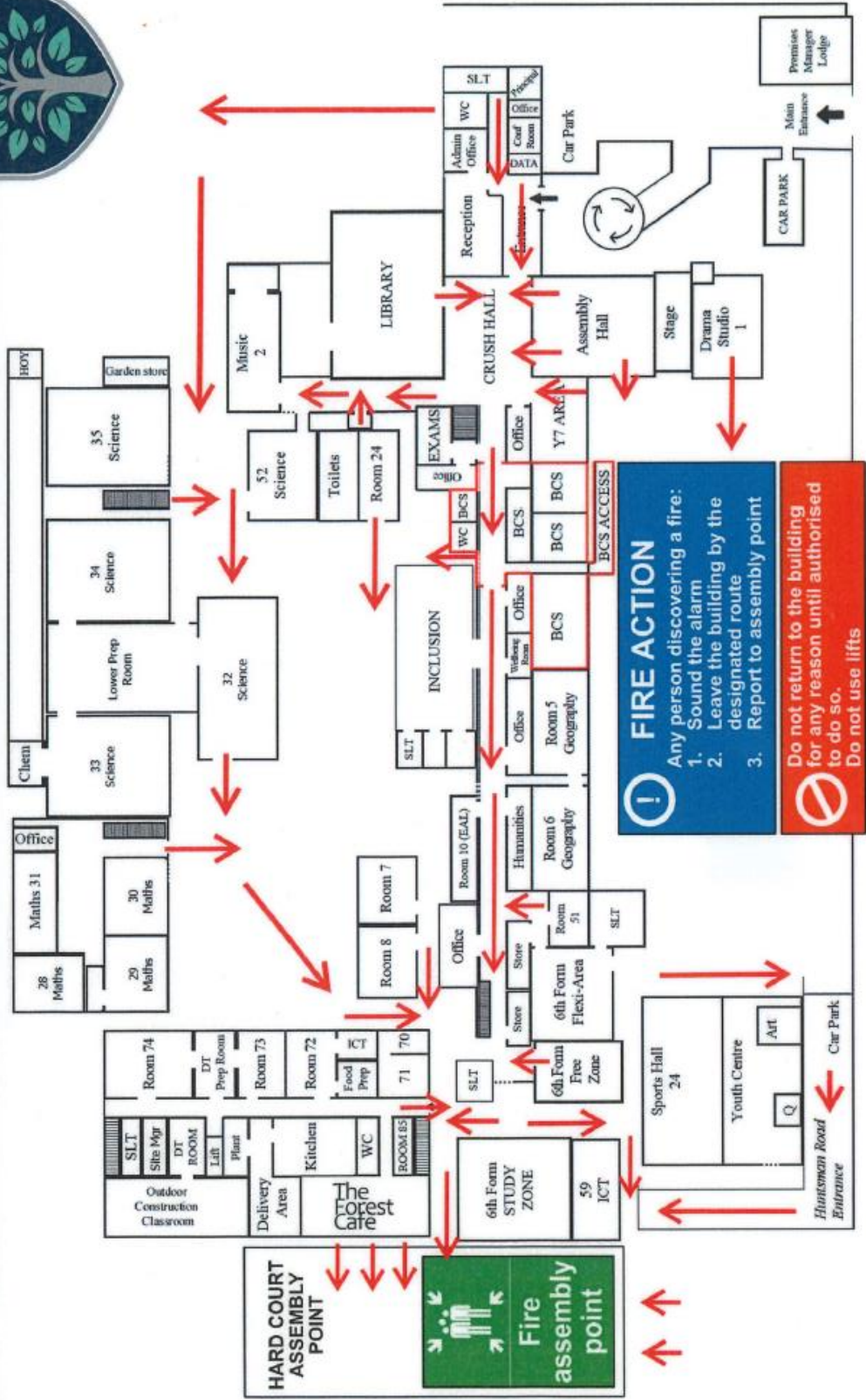
Technology and MFL



Main Playground








FIRE EVACUATION PLAN







Example of the canteen lunch menu - available on the website.


This Week's Menu 2

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef Bolognaise with spaghetti Garlic Bread	Chicken Korma with Rice & Naan Bread	Roasted Meat of the Day Chicken Drumstick	Pork/Chicken Sausages	Battered Cod or Chicken Goujons
	Vegetable Bolognaise with Spaghetti Garlic Bread	Mushroom Curry with Rice & Naan Bread	Vegetable Puff	Quorn Sausages	Cheese & Tomato Slice
VEG OF THE DAY.	Coleslaw/Salad	Raita Yogurt Coleslaw/Salad	Roast Potatoes Broccoli Peas and Sweet Corn Carrots Gravy	Mash Potato, Peas And Gravy Coleslaw/Salad	French Fries Baked Beans
	Jacket Potato Pasta/Pizza Beef/Chicken Burgers Spicy Chicken Hot Eats Chicken & Rice Pot	Jacket Potato Pasta/Pizza Beef/Chicken Burgers Spicy Chicken Hot Eats	Jacket Potato Pasta/Pizza Beef/Chicken Burgers Spicy Chicken Hot Eats	Jacket Potato Pasta/Pizza Beef/ Chicken Burgers Spicy Chicken Hot Eats Chicken & Rice Pot	Selection Sandwiches/Rolls
	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies



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	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies	Cake of the Day Cookies Brownies



How can I cope with change?

It is important to look after yourself and continue to do the things that you enjoy and make you feel positive.

Get a good night's sleep.



Have a good bedtime routine.



Get some exercise and fresh air.



Remind yourself that you are trying your best and your best is always good enough.



Continue to do the hobbies you love.



Write an idea you can think of to cope with change.

Try mindfulness activities such as colouring and mindful breathing.



All about me

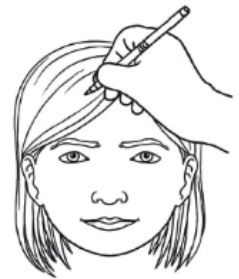
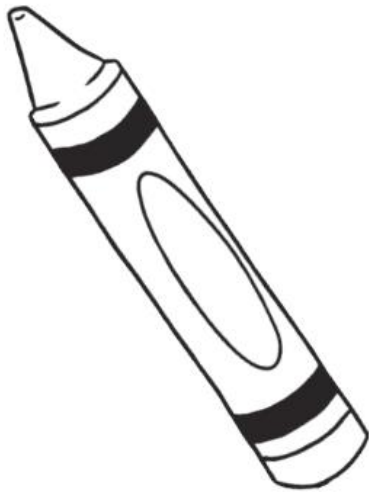


About me:

My name is:

Draw a picture of yourself.

Colour the crayon in your favourite colour.



Draw a picture of your favourite foods.



Draw a picture of your family.



About my new school:

My new school is called:

My new school logo is:



How I am feeling about moving to Secondary school:



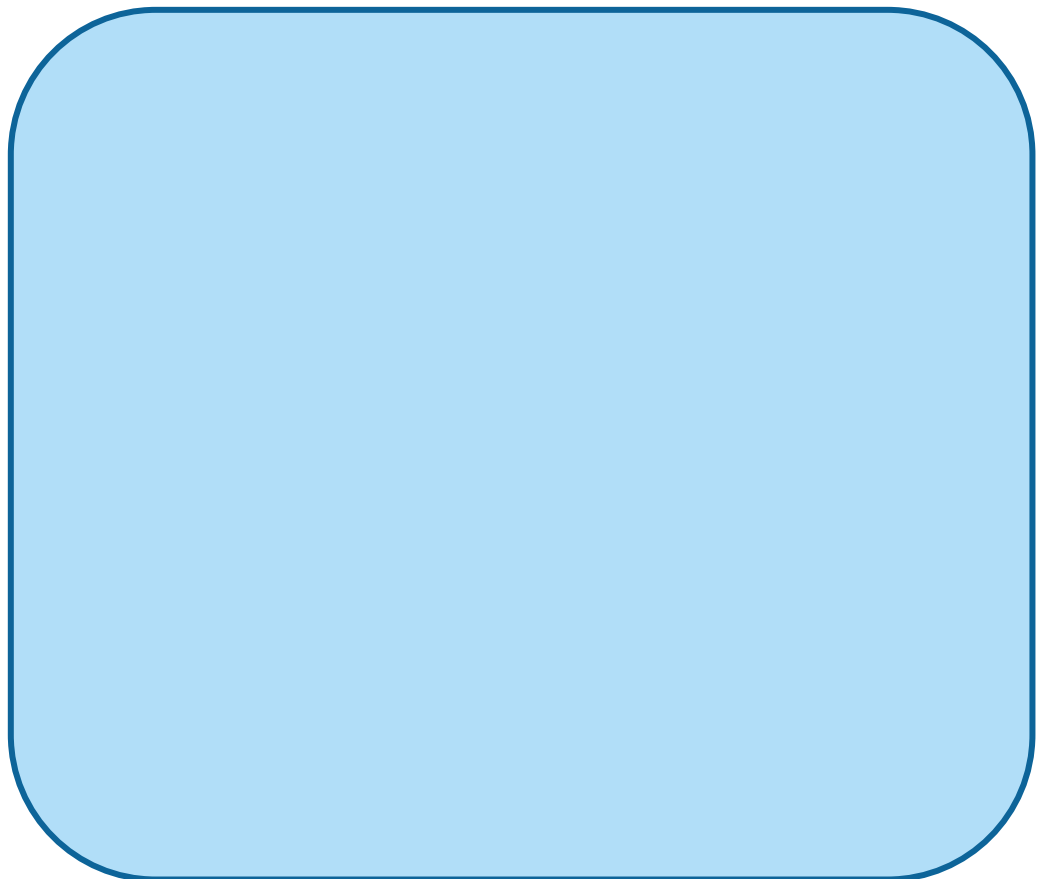
Things that I am excited about:



Things that I am nervous about:



Questions that I would like to ask about moving to Secondary school:



TRUE OR FALSE?

Statement:	True or false:
You get detention for talking in lesson.	
The older students might steal your lunch money.	
No one will help me find my classroom if I get lost.	
You will get in trouble if you're not in the correct uniform.	
Teachers expect you to bring them snacks.	
You can get extra marks for cleaning the school.	
You move around the school to each lesson.	
You get in trouble for putting your hand up and asking questions.	
Your teachers like it if you're late to lesson.	
There are five lessons a day.	
You are allowed your phones out in lesson.	
You can access your homework online.	

How can you make new friends? Circle the ideas, which will make you a good friend.

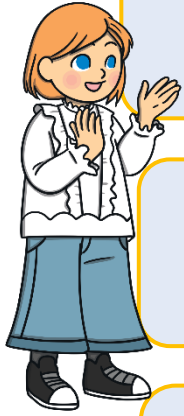


I will be a good friend by:

Sharing	Telling tales	Being selfish	Not listening
Talking all the time	Talking about my favourite topics	Being kind	Taking turns
Thinking about others	Arguing all the time	Stealing	Bullying
Listening	Telling the truth	Telling lies	Getting my friends into trouble
Being generous	Being myself	Being helpful	Learning to compromise

When you move to Secondary School, there are lots of new people.

Can you think of any ways to make friends? Fill in the gaps...



Pay your friend a compliment if they are feeling down. This could make them feel

Always say when someone pays you a compliment.



Make sure what you say is

Word Bank:

Happy

Thank you

Kind

Do you already know any students going to The Forest Academy?

.....
.....



Learning the school day:



Registration	8.30am – 9.00am
Lesson 1	9.00am – 10.00am
Lesson 2	10.00am – 11.00am
Break	11.00am – 11.20am
Lesson 3	11.20am – 12.20pm
Lesson 4	12.20pm – 1.20pm
Lunch Time	1.20pm – 2.00pm
Lesson 5	2.00pm – 3.00pm

1) What time does the school day start?

2) What time does lesson four start?

3) What time does break time end?

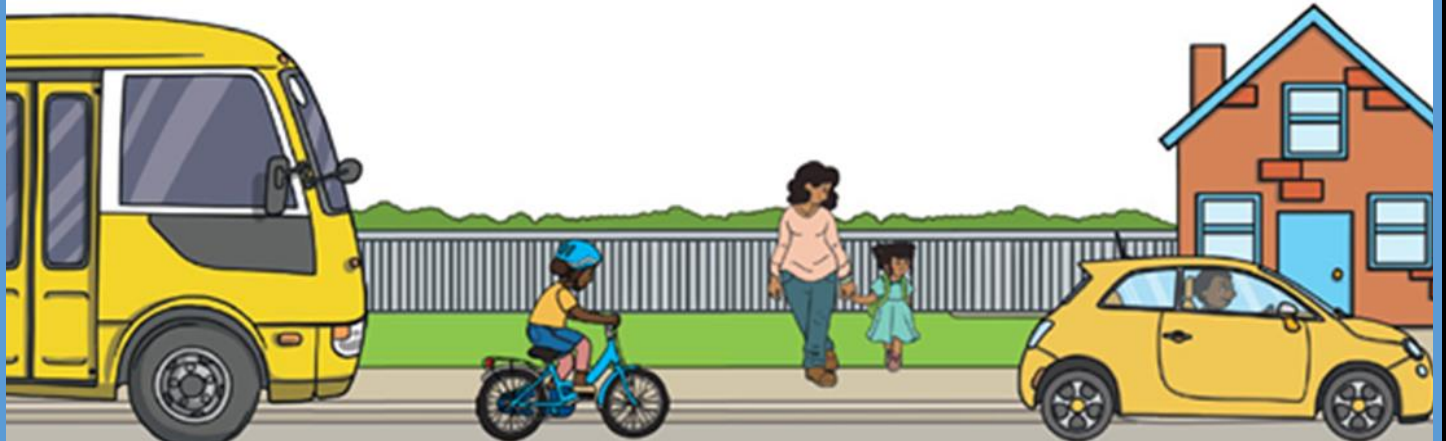
4) How long is lunchtime?

Travelling to school:

Circle the method of transport that you will take to school.



I will need to leave my house at am.



Preparing for the school day:

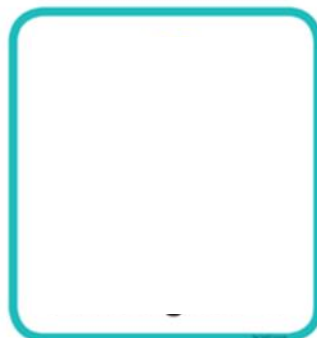


A good habit to get into is packing your school bag the night before, what items might you need?

Remember, on some days you may need your PE kit or the homework due in for that day.



Can you draw three more items you will need in your school bag?



Key Staff at Secondary School:

- The **Principle** is in charge of the whole school, they are also in charge of behaviour.
- **Form Tutors** are who register you during form time, give you notices and letters and are there to help you.
- **Subject teachers** teach specific subjects, you will have a different teacher for each subject.
- **Teaching assistants** are in lessons to help support students and work in small groups.
- Office Staff work in **reception**. They help you if you are late, unwell or need any help.
- **Kitchen staff** work in the canteen, they cook and serve food.



Who should I contact if...

I am feeling unwell in school?



I don't understand my homework?



I am not coming into school today due to illness?

I have a medical appointment?

I have a problem with another student?



I need to hand in my trip letter?

I am allergic to a certain food?



If you have an idea about how to make your school better?



An example timetable:

	1Mon	1Tue	1Wed	1Thu	1Fri
1	En NIY 20	Ac SHO LIBRARY	En NIY 20	Mu ROB 2	Fr SEC 83
	Hi LOV 4	Ac SHO LIBRARY	Pe ENG SPORTS	Ar CHA 79	En NIY 20
3	Te THS 73	Ac SHO LIBRARY	Te THS 73	Sc MIL 32	Gg SMI 9
	Fr SEC 83	Ac SHO LIBRARY	Ma DES 27	Pe ENG SPORTS	Sc MIL 18
5	Ma DES 27	Gg SMI 9	Sc MIL 34	En NIY 20	Ma DES 27

	2Mon	2Tue	2Wed	2Thu	2Fri
1	Ts CHN 77	Ac SHO LIBRARY	En NIY 20	Pe ENG SPORTS	Fr SEC 83
	En NIY 20	Ac SHO LIBRARY	Ar CHA 79	Sc LSS 33	En NIY 20
3	Sc LSS 33	Ac SHO LIBRARY	It FIL 58	Gg SMI 9	Mu ROB 2
	Fr SEC 83	Ac SHO LIBRARY	Hi LOV 4	Ts AMP 72	Hi LOV 4
5	Ma DES 27	Pe ENG SPORTS	Sc LSS 33	Ma DES 27	Ma DES 27

AMP: Mr F A Amponsah
 CHA: Miss M Charalambous
 CHN: Mrs S K Channa
 DES: Mrs B A A Desai
 ENG: Miss T English
 FIL: Mrs S A Filek
 LOV: Ms K Love
 LSS: Ms D Lesser

MIL: Mr M Millett
 NIY: Mr A Niyazi
 ROB: Mrs H J Roberson
 SEC: Mrs A Seckleman
 SHO: Mr A Shorey
 SMI: Mrs D Smith
 THS: Ms L Thomas

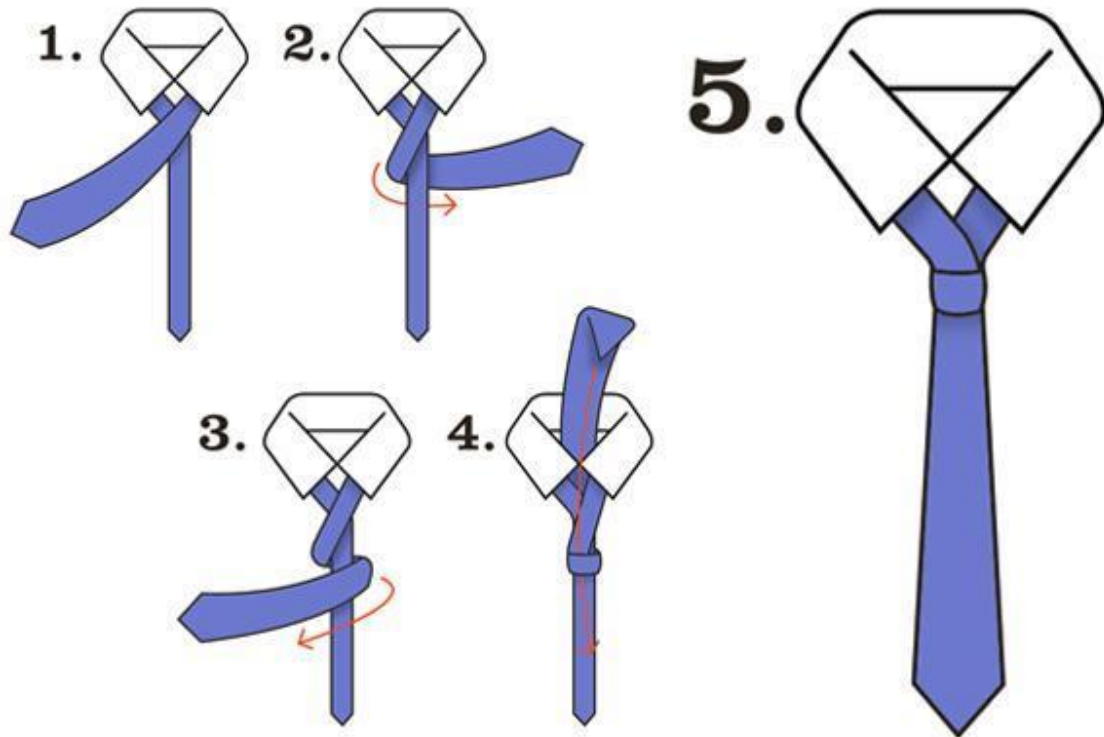
How to read your Timetable:

- The timetable rotates in sets of TWO weeks. You may not have the exact same lessons each week.
- The days of the week run across the top of the timetable.
- Lessons 1 to 5 run vertically down the side of the timetable.
- In each box there are three pieces of information:
- The subject, the teacher and the room number.
- At the bottom of the timetable, you will find your abbreviated teachers names in full.

Example Timetable tasks:

- Highlight all of the maths lessons on the timetable.
- How many history lessons do you have each week?
- Circle all of the English lessons.
- Which subject do you think Ts is?
- On what days should you bring your PE kit?

How to tie your tie – practice having a go!



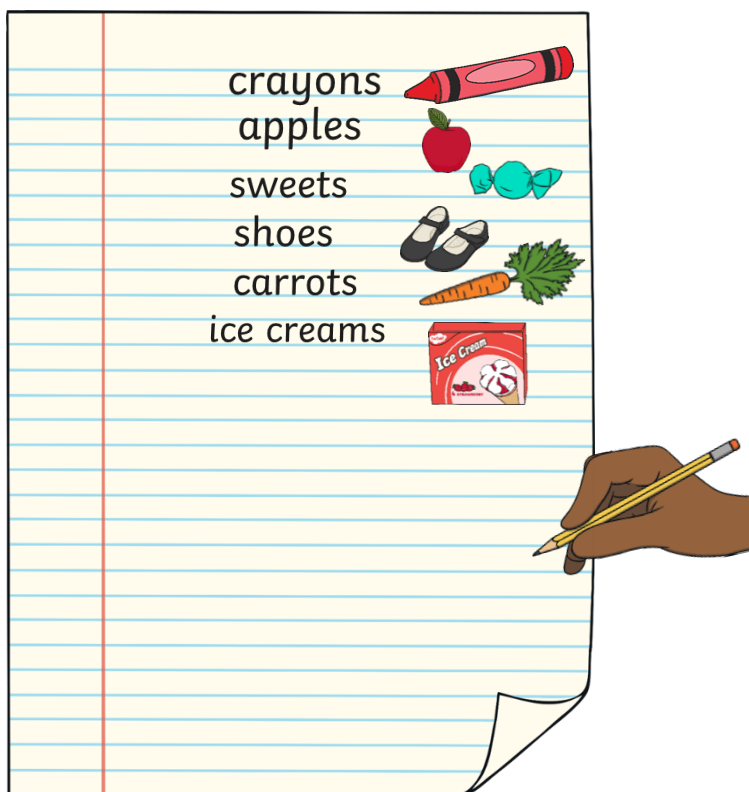
Have a go at the quiz on slide 17 of the PowerPoint!

Lastly – there will be a school video coming soon!

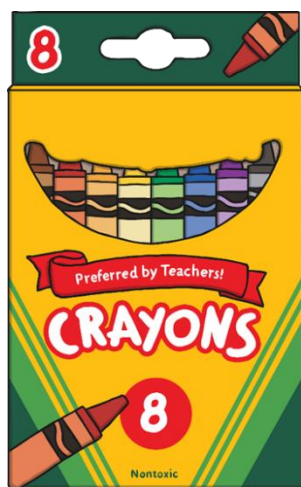
Let's get secondary school ready!

Can you complete the following Maths problems?

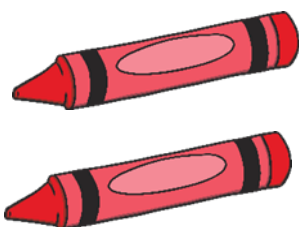
Off to the shops!
What will you buy first?



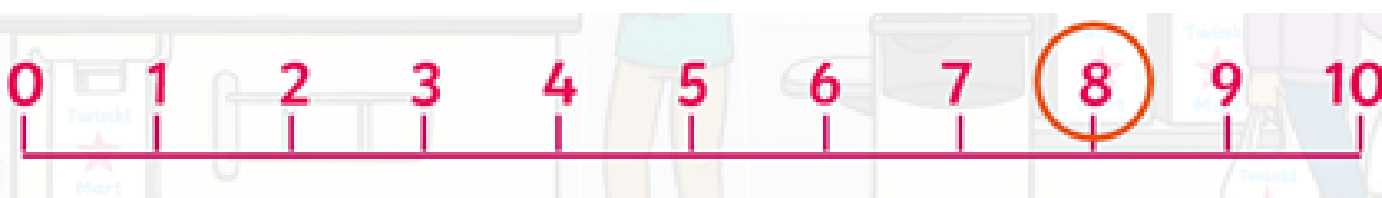
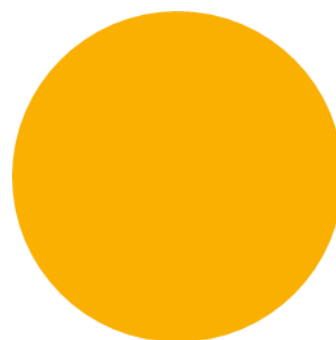
How many crayons
have you bought?

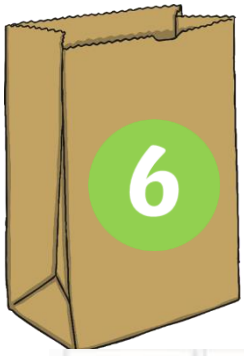


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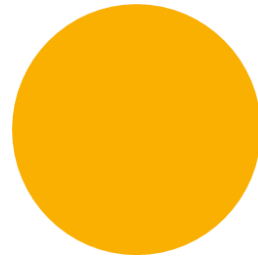




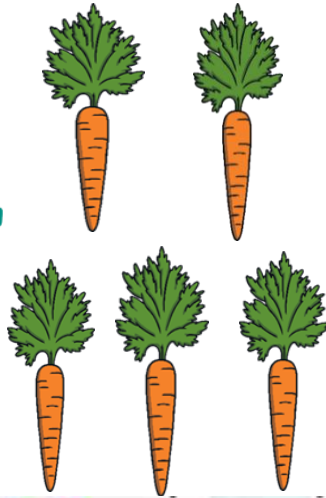
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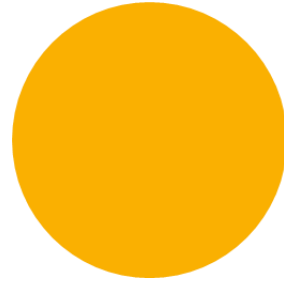
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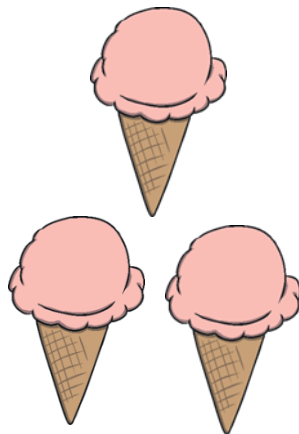
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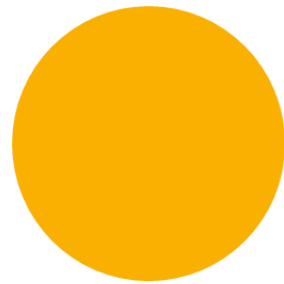
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=



1. $9 \times 8 = \underline{\quad}$ 11. $9 \times 9 = \underline{\quad}$ 21. $10 \times 7 = \underline{\quad}$

2. $10 \times 7 = \underline{\quad}$ 12. $10 \times 3 = \underline{\quad}$ 22. $2 \times 2 = \underline{\quad}$

3. $9 \times 11 = \underline{\quad}$ 13. $11 \times 7 = \underline{\quad}$ 23. $2 \times 9 = \underline{\quad}$

4. $4 \times 6 = \underline{\quad}$ 14. $4 \times 2 = \underline{\quad}$ 24. $2 \times 6 = \underline{\quad}$

5. $2 \times 7 = \underline{\quad}$ 15. $6 \times 7 = \underline{\quad}$ 25. $6 \times 9 = \underline{\quad}$

6. $6 \times 8 = \underline{\quad}$ 16. $8 \times 11 = \underline{\quad}$ 26. $5 \times 5 = \underline{\quad}$

7. $9 \times 3 = \underline{\quad}$ 17. $6 \times 6 = \underline{\quad}$ 27. $6 \times 2 = \underline{\quad}$

8. $7 \times 5 = \underline{\quad}$ 18. $4 \times 3 = \underline{\quad}$ 28. $7 \times 2 = \underline{\quad}$

9. $10 \times 6 = \underline{\quad}$ 19. $3 \times 9 = \underline{\quad}$ 29. $8 \times 2 = \underline{\quad}$

10. $10 \times 10 = \underline{\quad}$ 20. $8 \times 8 = \underline{\quad}$ 30. $4 \times 5 = \underline{\quad}$

Name the 3D Shape



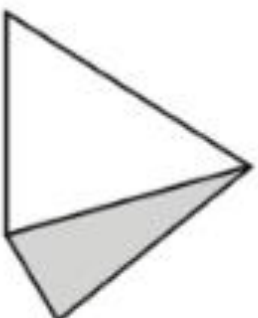
Number of faces _____

Name _____



Number of faces _____

Name _____



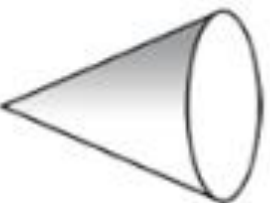
Number of faces _____

Name _____



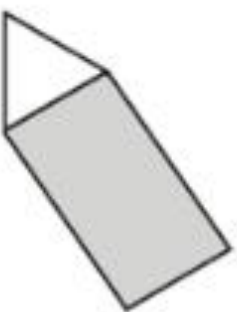
Number of faces _____

Name _____



Number of faces _____

Name _____



Number of faces _____

Name _____



Number of faces _____

Name _____



Number of faces _____

Name _____

Can you complete the acrostic poem?

B

I

G

S

C

H

O

O

L

Can you annotate this poem?

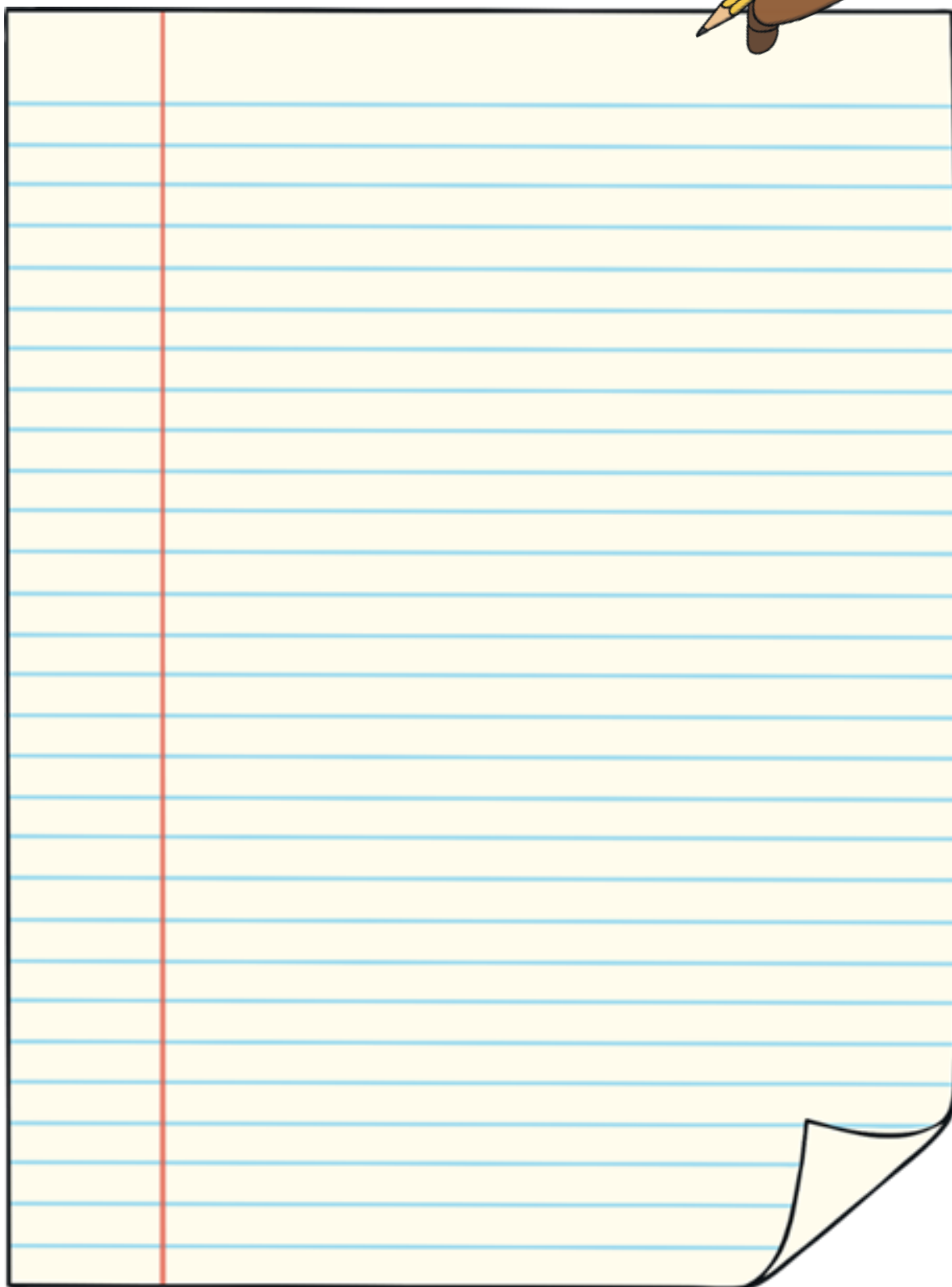
**My butterflies are fluttering,
My words just will not stop stuttering.
My face is hot,
My hands are cold,
It is hard to hear what I have been told.
But I still walk,
I barely talk
Until I see my favourite friend, my nervous feelings start
to end.**

How does the speaker feel?

What images are created in this poem?

What do you think the speaker is talking about?

Can you create your own poem about going to secondary school?

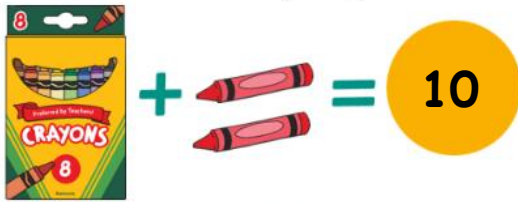


Now that you have had a chance to learn a little about your school, has it changed how you feel?

Circle how you feel now.

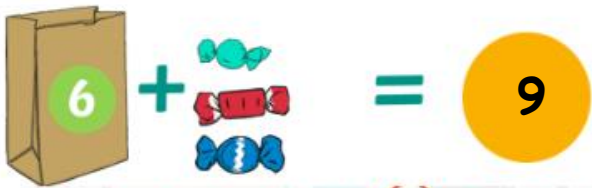


Answers:



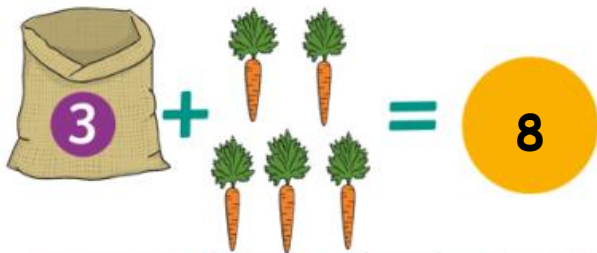
$8 + 2 = 10$





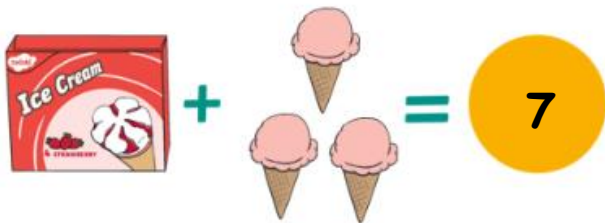
$6 + 3 = 9$





$3 + 5 = 8$





$4 + 3 = 7$



1. $9 \times 8 = \underline{81}$ 11. $9 \times 9 = \underline{81}$ 21. $10 \times 7 = \underline{70}$

2. $10 \times 7 = \underline{70}$ 12. $10 \times 3 = \underline{30}$ 22. $2 \times 2 = \underline{4}$

3. $9 \times 11 = \underline{99}$ 13. $11 \times 7 = \underline{77}$ 23. $2 \times 9 = \underline{18}$

4. $4 \times 6 = \underline{24}$ 14. $4 \times 2 = \underline{8}$ 24. $2 \times 6 = \underline{12}$

5. $2 \times 7 = \underline{14}$ 15. $6 \times 7 = \underline{42}$ 25. $6 \times 9 = \underline{54}$

6. $6 \times 8 = \underline{48}$ 16. $8 \times 11 = \underline{88}$ 26. $5 \times 5 = \underline{25}$

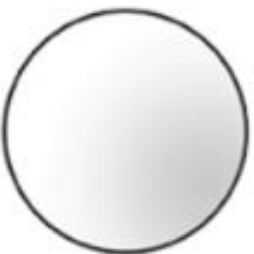
7. $9 \times 3 = \underline{27}$ 17. $6 \times 6 = \underline{36}$ 27. $6 \times 2 = \underline{12}$

8. $7 \times 5 = \underline{35}$ 18. $4 \times 3 = \underline{12}$ 28. $7 \times 2 = \underline{14}$

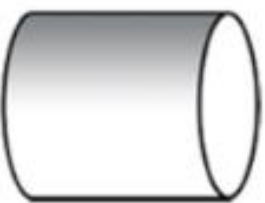
9. $10 \times 6 = \underline{60}$ 19. $3 \times 9 = \underline{27}$ 29. $8 \times 2 = \underline{16}$

10. $10 \times 10 = \underline{100}$ 20. $8 \times 8 = \underline{64}$ 30. $4 \times 5 = \underline{20}$

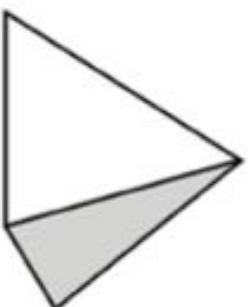
Name the 3D Shape



Number of faces 1
Name Sphere



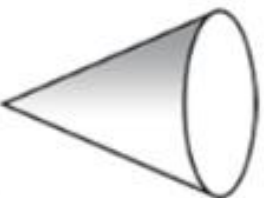
Number of faces 3
Name Cylinder



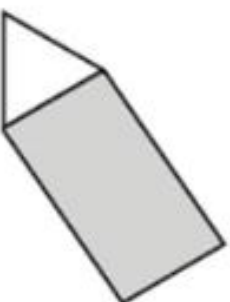
Number of faces 5
Name Pyramid



Number of faces 6
Name Cuboid



Number of faces 2
Name Cone



Number of faces 14
Name Triangular prism



Number of faces 8
Name Regular octahedron



Number of faces 2
Name Hemisphere