

Dear Parents/carers,

At the end of last term as part of non-uniform day, TFA students and staff raised an impressive **£674.96** for 'ELHAP' - a local charity in Redbridge who offer adventure and nature play opportunities for young people with disabilities and complex care needs, whilst providing vital respite for their families and carers. Their five-acre woodland in Redbridge plays host to an ancient orchard, a nature reserve and the biggest specialist adventure playground in the country.

We are really proud of our students for volunteering for this charity and raising awareness of its excellent work in the community; you can find out more [here](#).

Well done also to all students engaged with the 'Learning Village' platform—we found out this week that TFA has placed within the top ten schools worldwide for progress—with five of our learners also placed in the top ten best students worldwide!

### Recent highlights:

- **30 Year 7 students** recently visited Hainault Forest and worked with 'Trees for Cities', planting over 40 trees during the day. We are pleased to say that their contribution towards Hainault Forest and the community will last hundreds of years!
- **Year 9** took part in a **progression afternoon** this week, which included an apprenticeship talk, a Business, Economics and Enterprise workshop and a careers' fair. Employers visiting represented a range of sectors and industries, from law and social services to media, design, healthcare and police.



### Updates

- See the latest copy of the **extra-curricular clubs and sports timetables** on the website [here](#);
- See attached for **Parents' Evenings 2025 reminders**
- Also see attached for **Redbridge Mental Health Support Team parents and carers webinar**—hear from mental health professionals about how best to support your child's mental health



Finally just a reminder: next Friday school is closed on Friday 24th Jan for a staff training day.



Mr Ansell and Mr MacLeod

Co-Headteachers



# UPCOMING PARENTS EVENINGS



**YEAR 9 – 28TH JANUARY 2025**

**YEAR 8 – 11TH FEBRUARY 2025**

**YEAR 11 – 25TH FEBRUARY 2025**

**YEAR 10 – 29TH APRIL 2025**



For More Information  
[admin@theforestacademy.co.uk](mailto:admin@theforestacademy.co.uk)  
0208 500 4266

Redbridge Mental Health Support Team presents...

## PARENTS AND CARERS IN MIND - WEBINAR SESSIONS

**REGISTER  
NOW!**

Your monthly parenting digest. Hear from mental health professionals about how to promote your child's emotional health and wellbeing.

### SUPPORTING EXAM RESILIENCE

A webinar aimed for parents and carers on supporting young people in building emotional resilience during exam periods.

**WED 29.01.25 7-8PM**

### AN INTRODUCTION TO TICS AND TOURETTE'S

Understanding the difference between Tics and Tourettes, how it may present and exploring ways to support someone with Tics.

**WED 26.02.25 7-8PM**

### HEALTHY RELATIONSHIPS WITH SOCIAL MEDIA AND TECHNOLOGY

A session focused on understanding the potential risks that children may find online and exploring strategies and tips to nurture online safety.

**WED 26.03.25 7-8PM**

**SCAN  
ME!**



FOR MORE INFORMATION & TO SIGN UP  
CLICK HERE,

VISIT [WWW.REDBRIDGE.GOV.UK](http://WWW.REDBRIDGE.GOV.UK) AND SEARCH 'MHST'  
OR GO TO [LINKTR.EE/REDBRIDGEMHST](http://LINKTR.EE/REDBRIDGEMHST)

