



Personal Development KS4 Curriculum Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	<p>Relationships: Being respectful and safe in romantic relationships; consent, boundaries and communication; coercive control.</p>	<p>Relationships: Dangers of online spaces and communities; sextortion; pornography and its impact on attitudes and behaviour; online harassment, stalking and abuse; misogynistic content and 'incel' culture</p>	<p>Financial Education: The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p>Careers: Building for the future and preparing for the workplace. Application processes, and skills for further education, employment and career progression</p>	<p>Citizenship: Where power resides in the UK: local and national democracy, devolution, local government structures, UK elections, NGOs and charities.</p>	<p>Study Skills: Preparing for success in exams</p> <p>Relationships: Rights and responsibilities of marriage and family life; legal status of marriage and civil partnership.</p>
Year 11	<p>Health and Wellbeing: Navigating the healthcare system and making health-related decisions; role of GPs, pharmacies, A&E; self-examination and screening; fertility and pregnancy choices; body image and mental health</p> <p>Health and Wellbeing: Mental health and wellbeing; common mental health conditions; seeking support and reducing stigma.</p>	<p>Careers: Preparing for my next destination, Self-efficacy, stress management, and future opportunities, Application processes, and skills for further education, employment and career progression.</p>	<p>Financial Education: Protecting and preparing my financial future: Student finance, borrowing, buying and renting and money and wellbeing</p>	<p>Preparation for examinations: Revision strategies</p>		

