



PERSONAL DEVELOPMENT KS4 Curriculum Plan

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 10	Relationships: Being respectful and safe in romantic relationships; consent, boundaries and communication; coercive control.	Relationships: Dangers of online spaces and communities; sextortion; pornography and its impact on attitudes and behaviour; online harassment, stalking and abuse; misogynistic content and 'incel' culture	Financial Education: The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Careers: Building for the future and preparing for the workplace. Application processes, and skills for further education, employment and career progression	Citizenship: Where power resides in the UK: local and national democracy, devolution, local government structures, UK elections, NGOs and charities.	Study Skills: Preparing for success in exams Relationships: Rights and responsibilities of marriage and family life; legal status of marriage and civil partnership; parenting responsibilities; 'common-law marriage' myths.
Year 11	Health and Wellbeing: Navigating the healthcare system and making health-related decisions; role of GPs, pharmacies, A&E and sexual health clinics; Gillick competence and medical consent; self-examination and screening; pre-conception health, fertility and pregnancy choices; body image and mental health	Careers: Preparing for my next destination, Self-efficacy, stress management, and future opportunities, Application processes, and skills for further education, employment and career progression	Financial Education: Protecting and preparing my financial future: Student finance, borrowing, buying and renting and money and wellbeing			

**Health and Wellbeing:**

Mental health and wellbeing; common mental health conditions; links between substance use and mental health; seeking support and reducing stigma

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