Tuesday 10th November 2026

ENRICHMENT DAY 1

"DEVELOPING SKILLS FOR LIFE"

ENRICHMENT DAY AT FOREST

On the 10th November we had our first enrichment day, where all students were off timetable all day, engaging in exciting enrichment opportunities supporting them in the development of skills for life. Read what each year group was doing and what our students thought about their day.

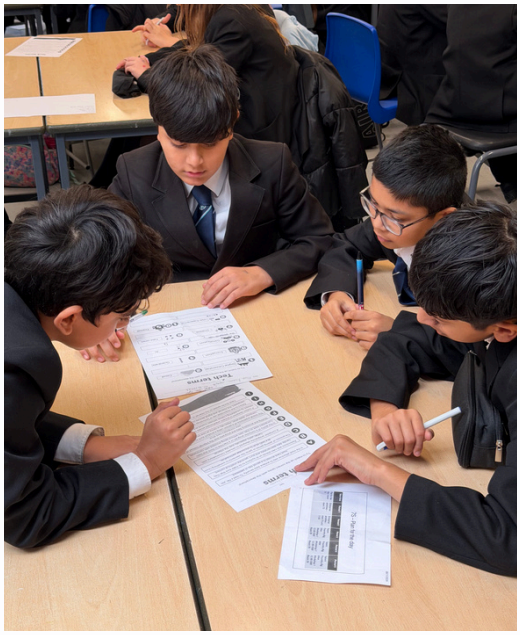


YEAR 7 *BIG IDEAS* WITH THE TALENT FOUNDRY

Year 7 spent the day with the Talent Foundry taking part in their Big Idea workshop. Working in teams, students were challenged to think creatively, come up with innovative ideas and develop them into something they could present as a business pitch. It was a fantastic opportunity for our newest students to collaborate, share their thinking and discover the strengths they bring to a team.

"It was a fun day, I enjoy pitching and learning about business. I created a robot which helps you to do homework; you can upload all of your tasks to it to help you."

Khairah - Year 7



YEAR 8 *TEAM BUILDING ACTIVITIES*

Year 8 focused on developing their teamwork skills through a series of challenges, including an orienteering treasure hunt that required students to communicate, problem-solve and work together to reach shared goals. They also took part in a boxing workshop with GC Boxing Academy, which included an inspiring talk on self-discipline and motivation.

The treasure hunt was really fun, as we had to think critically, and do this independently, without teachers. The teamworking session made us think how to communicate without our voice - which was quite a challenge but was really fun. The Boxing Workshop was good - it taught us about discipline and keeping going no matter how much you want to give up."

Sabihah- Year 8







YEAR 9 *MY FUTURE CAREER EXPLORATION*

Year 9 took part in a Futures Focus day, an important step as they begin to think about their options and next steps. Students completed the Careers Challenge on Unifrog, helping them explore their interests and the pathways open to them. They also heard from guest speakers from XPRT Construction, the NHS and the Metropolitan Police, who shared insights into their careers and the variety of roles available in their sectors. The day finished with an interview skills lesson, where students practised answering questions with their peers and built confidence for future applications.

"The Careers Speakers were great and definitely helped me to understand different options and pathways. PC Kendall showed us all of the different skills needed to work in different jobs in the police – it's not all just about arresting people!

John – Year 9







YEAR 10 *JACK PETCHEY SPEAK OUT CHALLENGE*

Year 10 spent the whole day taking part in the Jack Petchey Speak Out workshops. Students developed their confidence in public speaking, learning techniques to engage an audience and get their message across. Each student planned and began delivering a speech on an issue that matters to them, and we were impressed by the passion and thoughtfulness on display. The next stage is a round of practice and heats in school, after which we will select a winner to represent us at the regional competition. Good luck to everyone taking part!

"The day was really useful for our confidence. The visitor madeus interact with the audience to make our speeches more interesting. I think it will help with speaking and listening for English Language."

Maria Babin – Year 10



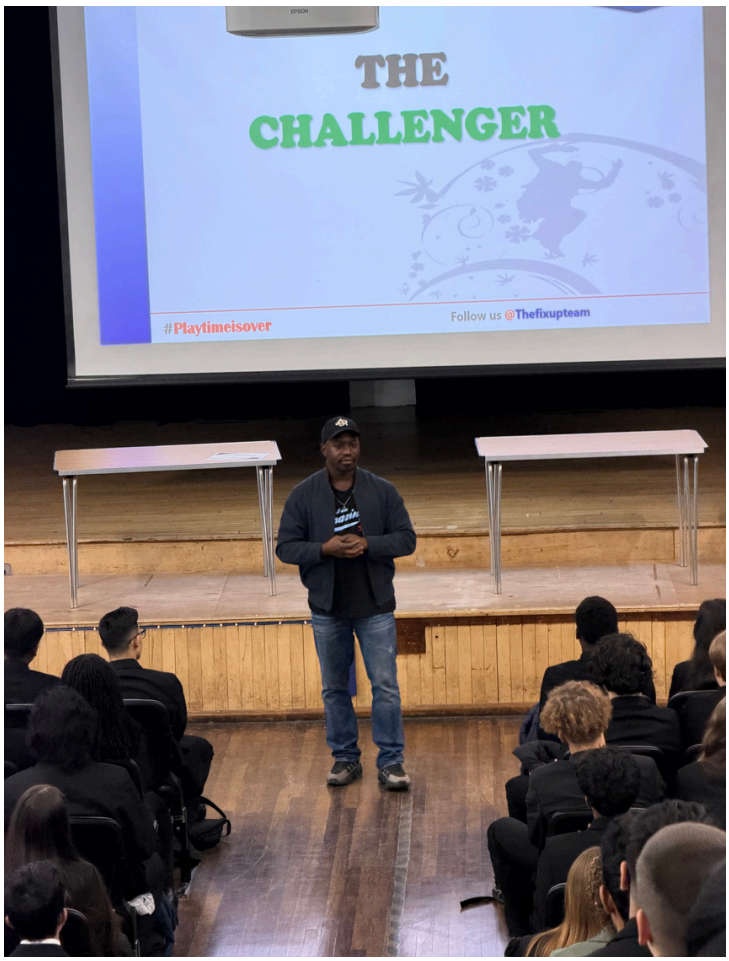


YEAR 11 *FIX UP SEMINARS*

Year 11 began the day with a motivational assembly with Emmanuel from Fix Up Seminars, who encouraged students to believe in themselves and give their best as they approach their final exams. Students then took part in Core subject masterclasses, applying their skills to real-world problems and honing their revision techniques. It was a valuable day helping students to link their current work and future ambitions.

"Emmanuel's Fix Up assembly inspired us to flick the switch in our brains when some of us hadn't. Revision is only temporary but the results and success will remain with you throughout the rest of your life."

Orhan – Year 11





FOREST ACADEMY ARP *LIFE SKILLS*

Our ARP students had a fantastic enrichment day learning practical life skills, which included reading a recipe and baking, as well as trying some textiles and hand sewing their own bags. Students enjoyed eating and sharing their baked creations with each other and the teachers!

"Our students had a great, productive and successful day yesterday. All were engaged in the activities, and they were keen to learn how kitchen utensils are used and how sewing machine to do stiches, before trying for themselves. Personally, I would like to say huge thanks to the Food technology team and Ms Islam

Ms Chaudhari – ARP Teacher



